

HEPSA LIVING HEALTHY

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# Press Release

FOR IMMEDIATE RELEASE

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## “A New Health and Wellness Business “Living Healthy”

Douglasville, GA - (PRWEB) October 15<sup>th</sup>, 2011 – Denine Rogers Rd, Ld is the Director of a new company **Living Healthy**. **Living Healthy** is a subsidiary from the **National Health and Public Safety Association (HEPSA) LLC**. Living Healthy nutrition, holistic and wellness consulting business that provides unique professional services. Living Healthy belief is to encourage their clients to strengthen their health and well-being through educational opportunities, wellness activities and self-improvement. Living Healthy can do this by providing their clients to take responsibility for one's health and well-being. This is an essential part of living and is vital to one's ability to contribute to the work and their community. Living Healthy services are Nutritional & Exercise Consultation Sessions and Educational Classes, Health Coaching, Corporate Wellness Programs, Cultural Diversity Foods and Nutrition Research Consultations, Speaking Engagements, Nutritional School Gardening Educational Classes and Holistic Health Business Consultations. Living Healthy provides healthy products such as vitamins, supplements, books, DVD's/CD's and exclusive brands in skin care, fitness, nutrition, health care, wellness products and more. For more information about Living Healthy check out the Living Healthy Online blog: [www.livinghealthyonline.wordpress.com](http://www.livinghealthyonline.wordpress.com) and website: [www.livinghealthy1.org](http://www.livinghealthy1.org) for further healthy, nutrition and wellness information, products, workshops and classes. Also subscribe to Living Healthy Quarterly Newsletter – [www.livinghealthy1.com/Application.html](http://www.livinghealthy1.com/Application.html)

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